

### **Pre Diagnosis Course - Social Communication & Behaviour:**

This course offers families information and practical strategies to support their children/young people's Social Communication & Behaviour Difficulties whilst waiting for an assessment to be completed. It is a one day or two half day workshop.

### **Drop in Sessions:**

The drop in sessions take place twice a month in different Children's Centre's across the city. They are for family members wishing to talk in a private one to one setting. Your child does not require a diagnosis of ASD for you to attend but you must have questions or concerns

### **Telephone Consultations:**

Families can pre book a telephone consultation with a member of the ASD training team. To book a call please email [asdtrainingteam@liverpool.gov.uk](mailto:asdtrainingteam@liverpool.gov.uk)

### **Targeted Support:**

These training sessions offer families specific areas of support including emotional wellbeing and puberty. Visit Liverpool Local Offer to find out more.

### **Q&A Sessions:**

These sessions are delivered across Liverpool Schools and Nurseries. Please contact your child's setting to find out if they are taking part.



### **Our contact details:**

#### **ASD Training Team**

Liverpool City Council, Cunard Building  
Water Street, Liverpool L3 1AH

Tel: 0151 233 5946

Email: [asdtrainingteam@liverpool.gov.uk](mailto:asdtrainingteam@liverpool.gov.uk)

For more information:

[liverpool.gov.uk/localoffer](http://liverpool.gov.uk/localoffer)

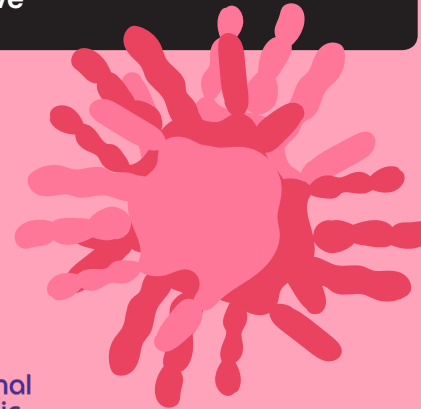
**Interpreted copies can be provided upon request**

**If you are unable to access our offer please contact the team to discuss an alternative**



The Liverpool Autism Training Team

# Autism Training and Support for Families



**together**  
we make a difference

The Liverpool Autism Training Team

# Autism Training and Support for Families

## Our Service

The Liverpool Autism Training Team is a part of the Liverpool City Council Children's Service. We offer training and advice for families of children/young people aged 0-19 years who are awaiting an assessment for Autistic Spectrum Disorder (ASD) or who have received a diagnosis. We have a long history of working together with parent support groups as well as other support services; this enables us to sign post you to other sources of help and support.

## Our Aims

Our aim is to enable families of children/young people with an Autistic Spectrum Disorder to access up to date quality information and to learn skills through training so they can support their children/young people to reach their full potential.



## How does the service work?

Once a referral for an assessment is made or a diagnosis is given and we have received the child/young person's information plus parental consent, we will then contact the family by letter or email to offer them a place on the appropriate training programmes.

Families may also self-refer for training via email or online training request form at [liverpool.gov.uk/schools-and-learning/special-educational-needs/autistic-spectrum-disorder-training/](https://liverpool.gov.uk/schools-and-learning/special-educational-needs/autistic-spectrum-disorder-training/)

## The training we provide:

The sessions are tailored to meet the needs of different age groups and to support their development. The sessions aim to build on the families' knowledge of ASD and help them to develop practical strategies to support their children /young people. There are two places per family on these sessions. The sessions run one half day per week during school term time. The team supports the families whilst attending the training and ongoing support is available via drop – in sessions, telephone consultations and email. The team have been trained by the National Autistic Society (NAS) to facilitate the NAS training programmes.

### NAS EarlyBird Programme

#### - under 4 years:

There are 8 classroom sessions plus 4 home visits (the children need to be present for home visits only). The programme supports families in the period between diagnosis and school placement.

#### NAS EarlyBird Plus - 4-9 years:

There are 8 classroom sessions plus 2 home visits. The children are not required to be present at the home visits. There are 2 places per family plus one professional. The family and professionals are encouraged to share information and planning, so as to provide the children with a consistent approach between home and school.

#### NAS EarlyBird Healthy Minds - 7-11 years:

There are 6 classroom sessions.

There are two places per family plus one professional. Healthy Minds aims to increase understanding of how autism impacts on a child's emotional wellbeing.

#### Autism Training Programme - 4-19 years:

- 4-7 years
- 8-11 years
- 12+ years

There are six classroom sessions.

The course aims to build on family's knowledge of ASD and help to develop practical strategies to support the children/young people.