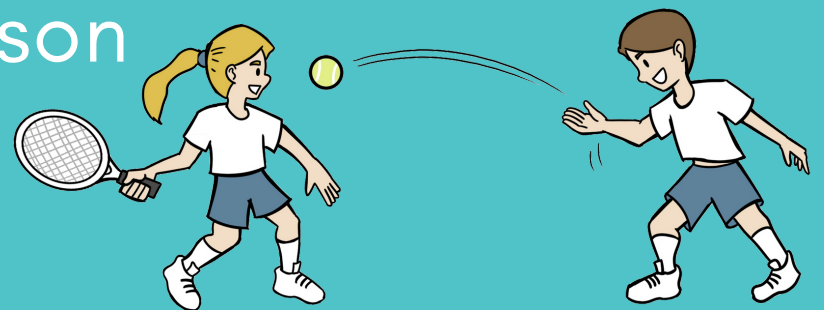


Rally

What you need: a ball or rolled up pair of socks, a hardback book and one or more players.

How to play:

- Count how many times you can hit the ball up to yourself using your book. Try to keep the ball in the centre of the book for good control.
- Can you do this standing on one foot?
- If you have another player, how many times can you send the ball to each other before it hits to floor?
- Make this easier by using socks, or by allowing the ball to bounce once in between hits.
- Make this easier by one person using a book and the other their hands.



What was your highest score?